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El Quinto Acuerdo: Una Guía Práctica Para La Maestría Personal (Un Libro De Sabiduría Tolteca) (Spanish Edition)



Synopsis

In *The Four Agreements*, a New York Times bestseller for over seven years, don Miguel Ruiz revealed how the process of our education, or "domestication," can make us forget the wisdom we were born with. Throughout our lives, we make many agreements that go against ourselves and create needless suffering. The *Four Agreements* help us to break these self-limiting agreements and replace them with agreements that bring us personal freedom, happiness, and love. Now don Miguel Ruiz joins his son don Jose Ruiz to offer a fresh perspective on the *Four Agreements*, and a powerful new agreement for transforming our lives into our personal heaven: the fifth agreement. The *Fifth Agreement* takes us to a deeper level of awareness of the power of the Self, and returns us to the authenticity we were born with. In this Spanish-language sequel to the book that has changed the lives of millions of people around the world, we are reminded of the greatest gift we can give ourselves: the freedom to be who we really are.

Book Information

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Customer Reviews

Despues que yo practique los cuatro acuerdos comenze a cambiar mi vida. pero todavia faltaba algo. y eso fue el quinto acuerdo.recomiendo que primero lean y practiquen los cuatro acuerdos y despues este libro.

one of my favorite book. i wish young generation read it and understand that our ego needs to let go.

we must love everyone without judging or living up to other people's expectations. Most important that we must find out who we are and be ourselves and just find peace within ourselves.

Don Miguel Ruiz makes a summary of the four agreements from his previous book, adding the fifth agreement "The Doubt": this last one made me think so much about my way of thinking and my perspective for seeing the world. I meditated a lot about what I learned and decided to apply my own philosophy to my life, the result that I have achieved in a few weeks is less worry, less anxiety, less stress and more tranquility that only doing the right thing in front of yourself brings harmony to life. It is a book that we should always have at hand because as individuals we tend to forget easily what we learn, and this reminds us that these agreements are made with oneself, not with humanity and that by applying them we will reach happiness.

I love El Quinto Acuerdo because I have read Los Cuatro Acuerdos, years ago and love this first book. I liked a lot the whole book, all the chapters. I would recommend this book to all my friends and family. This book is first telling truths that everyone can understand.

This book complements the first part by teaching us to question ourselves and to question the world, without leaving out attention to everything that happens around us.

Something more complex and abstract than "The four agreements" and "The mastery of love" but definitely more profound. I recommend reading "The four agreements" first, despite the fact that this book does a review of the same.

Book with excellent development of the topic, great advice and experiences, applying it changes your life immediately. Life is more than a career, it is a dream that we form but from which we can take possession. It will enchant you!

I ordered this book as a gift and it arrived within the requested time frame. I appreciate the fast shipment. The book is in excellent condition. Thank you.

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